

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carien Els

Has successfully participated & completed the

8km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

TIME 01:17:28

PACE 09:40/km **OVERALL** 24 of 91

22 July 2018, Sun

Date

GENDER 12 of 61

OPEN 7 of 28



BoutTime

Signature